



Association of Breastfeeding Mothers membership

registered charity no 280537

- Annual UK membership fee: £20
- Annual outside UK membership fee: £30
- Discounted annual membership fee for households on a low income: £15

Name

Address

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Email

Cheques

Please make payable to **ABM** and post to ABM, PO Box 207, Bridgwater TA6 7YT

Gift Aid

I am a UK taxpayer and would like to Gift Aid my enclosed membership payment.
To qualify for Gift Aid, the amount you pay in income or capital gains tax
must at least equal the amount we will claim in a tax year.

Welcome

We'll let you know by email that we've received your membership form and we'll put a welcome pack in the post to you. This will include our latest members' magazine and a full set of ABM breastfeeding information leaflets.